

Breema Practitioner Certificate Program

Questions and Answers

Effective January 1, 2016

Q: How do I enroll in the Certificate Program?

A: Every student who wishes to become a Certified Breema Practitioner must enroll directly through the Breema Center by filling out an application. Application forms are available in the Breema Center office, can be downloaded from the Breema Center website, or you can request that one be mailed to you.

Q: I took classes before 2016. Which ones count towards Practitioner Certification?

A: If you took classes at the Breema Center, all of these hours are eligible. If you took classes off-site, up to 100 class hours can be applied to Practitioner Certification provided that the instructor applied for and received Transfer Credit for those classes. You will need to ask your instructor(s) to send a transcript to the Breema Center.

Q: I attended Intensives prior to 2016. Do these hours count towards Practitioner Certification?

A: If you attended Intensives at the Breema Center all of these hours are eligible. If you attended EU Intensives (Graz, Bühl, Barcelona) in 2015 or in prior years, you will need to attend at least 30 hours at Intensives starting in 2016, including 12 hours of Practitioner Day workshops (each Practitioner Day workshop is 6 hours).

Q: Does this mean I can complete Breema Practitioner Certification off-site?

A: Yes. You can complete all your requirements without coming to the Breema Center. However, to become a Self-Breema Instructor or a Breema Instructor you will need to come to the Breema Center.

Q: What is a documented Breema Session?

A: This is a session of 20 minutes done outside of Breema classes. After each session you complete a Student Session Report form and send it to the Breema Center. Sessions are to be done and Reports submitted after completing 25, 75, 100, 125, and 150 class hours. The Reports forms are available on-line or you can request copies from the Breema Center office.

Q: I have already accumulated many eligible hours. Do I still need to submit 5 resumes?

A: Yes. You can submit them based on the hours you already have. For example, if you already have 100 hours of transferable classes, you can submit 3 resumes, and then submit the fourth after you have completed 125 hours, etc.