



2016 WORKSHOPS & INTENSIVES

Portland, OR • November 5-6*
breemaworkshops@gmail.com

Stockholm, Sweden • November 12-13*
birtheke@breema.com

Großreiprechts (Niederösterreich),
Austria • November 19*
claudia.saltiel@aon.at

Graton, CA • December 4*
laurar@breema.com

2017

Israel • February 23-25*
merleuran@gmail.com

Breitenbush, OR • March 3-5
breemaworkshops@gmail.com

Port Townsend, WA • March 31-April 1
aletia@MadronaMindBody.com

Eugene, OR • May 19-21
breemaworkshops@gmail.com

Bühl, Germany • May 23-27*
Practitioner Workshop • May 27**
paribreema@t-online.de

Barcelona, Spain • June 30-July 3*
Practitioner Workshop • July 3 **
info@harmoniouslife.es

Breitenbush, OR • September 1-4
breemaworkshops@gmail.com

* with **Jon Schreiber**
** 20 hour prerequisite

Non-Profit Org
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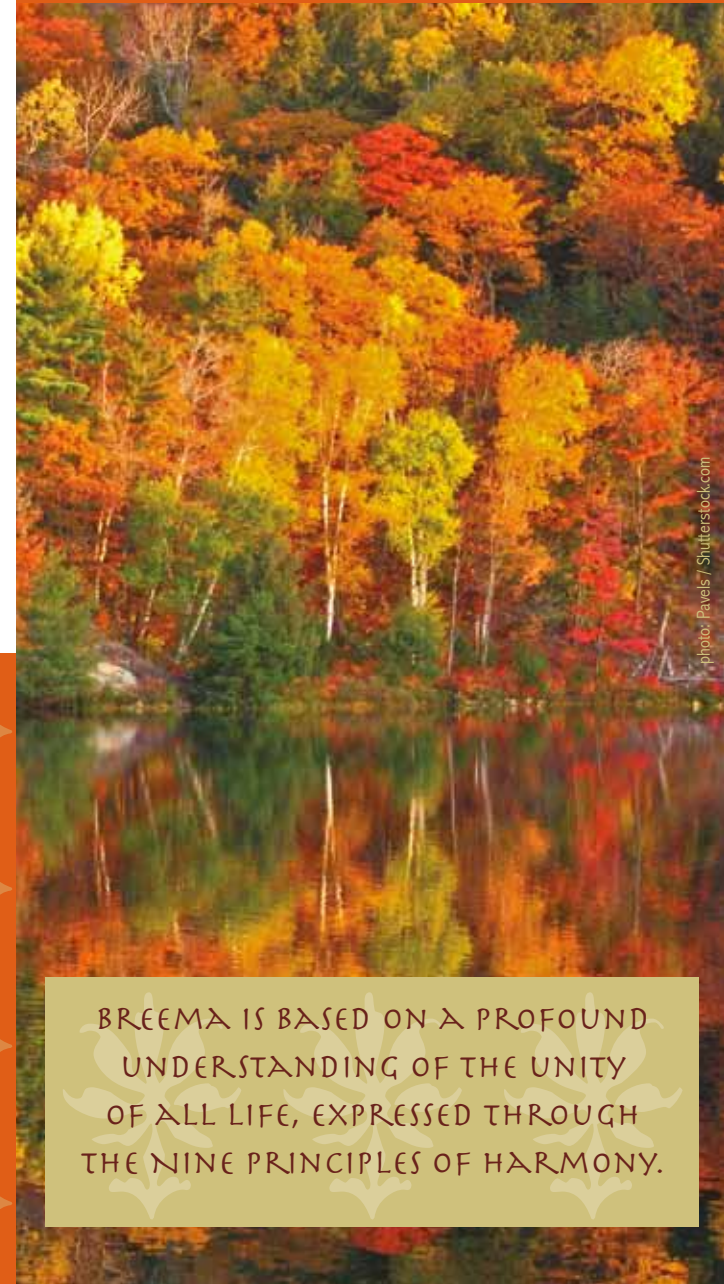
The Breema Center
6076 Claremont Avenue
Oakland, CA 94618
510.428.0937
www.breema.com



Breema bodywork and Self-Breema exercises are living expressions of Breema's principles and philosophy.

BREEMA®

WEEKEND WORKSHOPS & INTENSIVES



BREEMA IS BASED ON A PROFOUND UNDERSTANDING OF THE UNITY OF ALL LIFE, EXPRESSED THROUGH THE NINE PRINCIPLES OF HARMONY.

photo: Pavels / Shutterstock.com

INTENSIVES AT THE BREEMA CENTER

Breema® bodywork, Self-Breema exercises, and the Nine Principles of Harmony are natural expressions of the unifying principle of Existence. They provide ideal support for practicing body-mind connection and the art of being present.

Both new and experienced students from around the world come each year to study at Breema Intensives and to benefit from Breema's practical approach to living harmoniously.

INSTRUCTORS

Breema Center Intensives are taught by **Jon Schreiber**, Author & Director of the Breema Center, and an international team of experienced Certified Breema Instructors.



ACCOMMODATIONS & MEALS

The Breema Center is conveniently situated on the Berkeley/Oakland border, across the bay from San Francisco. You may request our list of accommodations in the area—besides the local hotels and bed & breakfasts, we have neighbors who rent rooms to our students. A wide range of restaurants and groceries are available within easy walking distance.

CONTINUING EDUCATION

The Breema Center is approved to offer continuing education

- for massage practitioners /bodyworkers by NCBTMB (#145251-00)
- for registered nurses by the California BRN (#03852)
- for LMFTs, LCSWs, and LPCs by the CAMFT (#128568)

Please note: A \$10 processing fee applies.



Practicing **Self-Breema exercises** and their underlying principles helps us to move in harmony with the natural laws that govern life and health.

Fall **OCTOBER 2016**

Weekend: October 22-23

3-Day Course: October 22-24

Complete Intensive: October 22-27

Post-Intensive Practitioner Workshop:

October 28 (20 class-hour requirement)

Winter **FEBRUARY 2017**

Weekend: February 11-12

3-Day Course: February 11-13

Complete Intensive: February 11-16

Post-Intensive Practitioner Workshop:

February 17 (20 class-hour requirement)

Summer **JULY 2017**

Weekend: July 15-16

3-Day Course: July 15-17

Complete Intensive: July 15-20

Post-Intensive Practitioner Workshop:

July 21 (20 class-hour requirement)

Tuition for Breema Center Intensives (early payment discounts are available):

Weekend — 14 hours

\$170 (First-time students pay \$140)

3-Day Course — 19.5 hours

\$235 (First-time students pay \$195)

Complete Intensive

34 hours — \$410

Practitioner Workshop

6 hours — \$60 (no charge for Certified Practitioners)

FOR MORE INFORMATION,
CLASSES & WORKSHOPS

510/428-0937 • center@breema.com

breema.com

YouTube: The Breema Channel

Breema is a service mark of the Breema Center.