

# BREEMA INTENSIVE

## July 2019

- Beginning Weekend, July 13-14 (all levels)**      \$170 (\$155 until June 24) 14 hrs.  
*(\$140 for first-time Intensive attendees)*
- 3-Day Course, July 13-15 (all levels)**      \$235 (\$215 until June 24) 19.5 hrs.  
*(\$195 for first-time Intensive attendees)*
- 6-Day Course, July 13-18 (all levels)**      \$435 (\$400 until June 24) 37 hrs.  
*(\$370 for first-time Intensive attendees)*  
 Includes Practitioner Workshop Thurs, Jul 18  
*(20 hours prerequisite for Tuesday, Wednesday, and Thursday)*
- Instructor Day, July 19**      No charge ♦ 5.5 hrs.  
*For Certified Instructors & Self-Breema Instructors only*

### DAILY SCHEDULE

Saturday July 13	Sunday July 14	Monday July 15	Tuesday July 16	Wednesday July 17	Thursday July 18 <i>Practitioner Workshop</i>	Friday July 19 <i>Instructor Day</i>
9:30am- 12:30pm	9:30am- 12:30pm	9:30am- Noon	9:30-10:15am <i>Self-Breema class</i> 10:15am-1pm	9:30am- 12:30pm	9:30am- 12:30pm	9:30am- 12:30pm
2-3pm Receive a session 3-5:30pm	2-5pm	2:30-5:30pm	<i>No afternoon class</i>	2-5pm	2-5pm	2-4:30pm
	7-8:30pm Drop-ins welcome		7-9pm Drop-ins welcome <i>(no prerequisite)</i>			

Registration for individual workshops is available, provided hours requirements are met.

Classes start on time, so please be prompt. Schedule is subject to change.

**To register, contact the Breema Center: [www.breema.com](http://www.breema.com) ♦ (510) 428-0937 ♦ [center@breema.com](mailto:center@breema.com)  
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