

FALL INTENSIVE 2018

# Breema®

## The Art of Being Present

- Breema  
Bodywork
- Self-Breema  
Exercises
- The Nine  
Principles  
of Harmony

Beginning Weekend  
October 20-21

3-Day Course  
October 20-22

6-Day Course  
October 20-27

with  
**Jon Schreiber**

Director of the Breema Center,  
Oakland, CA, and author of  
many books on Breema,  
and an international team of  
Certified Breema Instructors



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## Breema Intensives

Breema is a natural expression of the unifying principle of Existence, and an ideal support for body-mind connection — the foundation of being present.

Students from around the world come to benefit from Breema's practical approach to harmonious living.

Breema Center  
6076 Claremont Ave  
Oakland, CA 94618  
**breema.com**

*Breema is a service mark of the Breema Center.*

Non-Profit Org  
U.S.Postage  
**PAID**  
Oakland, CA  
Permit # 2508

### Beginning Weekend: Oct 20-21

14 hours • \$155 (\$170 after 10/10)  
\$140 for first-time Intensive attendees

### 3-Day Course: Oct 20-22

19.5 hours • \$215 (\$235 after 10/10)  
\$195 for first-time Intensive attendees

### 6-Day Course: Oct 20-25

(includes Practitioner Workshop)  
37 hours • \$400 (\$435 after 10/10)  
\$370 for first-time Intensive attendees

### Post-Intensive Workshops:

Friday Oct 26 35 hours prerequisite

**CE:** The Breema Center is approved to offer continuing education for massage practitioners and bodyworkers by the NCBTMB (#145251-00), registered nurses by the California BRN (#3852) and LMFTs, LCSWs, and LPCs by the CAMFT (#128568). A \$10 processing fee applies.

**For more information and to reserve your place:**  
**center@breema.com • 510/428-0937 • breema.com**