

# Breema Practitioner Certificate Program Questions and Answers

*Effective January 1, 2016*

**Q: How do I enroll in the Certificate Program?**

A: Every student who wishes to become a Certified Breema Practitioner must enroll directly through the Breema Center by filling out an application. You can apply online at **breema.com** or download a form to fill out and submit in person or by mail. You can also request a form from the Breema Center office.

**Q: I took classes before 2016. Which ones count towards Practitioner Certification?**

A: If you took classes at the Breema Center, all of these hours are eligible. If you took classes off-site, up to 100 class hours can be applied to Practitioner Certification, provided that the Instructor applied for and received Transfer Credit approval for those classes. You will need to ask your Instructor(s) to send a transcript to the Breema Center.

**Q: I attended Intensives prior to 2016. Do these hours count towards Practitioner Certification?**

A: If you attended Intensives at the Breema Center, all of these hours are eligible. If you attended EU Intensives (Graz, Bühl, Barcelona) in 2015 or in prior years, you will need to attend at least 30 hours at Intensives starting in 2016, including 12 hours of Practitioner Day workshops. (Each Practitioner Day workshop is 6 hours.)

**Q: Does this mean I can complete Breema Practitioner Certification off-site?**

A: Yes. You can complete all your requirements without coming to the Breema Center. However, to become a Self-Breema Instructor or a Breema Instructor you will need to come to the Breema Center.

**Q: What is a documented Breema session?**

A: This is a 20-minute Breema session that you give outside of Breema classes, and for which you fill out and submit a Breema Session Report form. After each session, send your completed Report to the Breema Center. Sessions are to be done (and Reports submitted) after completing 25, 75, 100, 125, and 150 class hours. The Report form is available online, or you can request copies from the Breema Center office.

**Q: I have already accumulated many eligible hours. Do I still need to submit 5 Reports?**

A: Yes. You can submit them based on the hours you already have. For example, if you already have 100 hours of transferable classes, you can give 3 Breema sessions, then write and submit 3 Reports. After you have completed 125 class hours, give a fourth Breema Session and submit its Report, and so on.