

## Breema Practitioner Certificate Program

To enroll in the **Breema Practitioner Certificate Program** you need to fill out an application form and submit it directly to the Breema Center. The application form is available from the Breema Center office. You can also find the form on the Certification page on the Breema Center website.

### REQUIREMENTS

#### 165 class hours, as follows:

- **Up to a maximum of 100 class hours** in classes approved for Transfer Credit taught by any Certified Breema Instructor.
- **50 or more class hours at Breema Center Sponsored Intensives**, including:
  - 2 Practitioner Day workshops. Each Practitioner Day workshop is 6 hours. You will need a total of 12 or more hours.** One Practitioner Day workshop is offered at each Breema Center Sponsored Intensive.
- **15 hours of Anatomy and Physiology classes.** These can be completed through another school or program, or through a home-study course from the Breema Center.

#### Other requirements:

- **3 Touch Support Meetings with designated Instructors.** These will be scheduled by the Breema Center after enrollment in the Practitioner Certificate Program.
- **One or more Support Meetings with members of the Certification Committee** (for students completing Certificate requirements without attending classes at the Breema Center). This can be done via Skype.
- **5 documented Breema Sessions.** These are to be done outside of Breema classes. Please contact the Center for more information about this requirement.

PLEASE NOTE THAT PRACTITIONER CERTIFICATION IS NOT GUARANTEED by completion of the hours requirements, and is awarded only after the Certification Committee is confident that a student is ready to safely and adequately practice and represent Breema. This means that the student must clearly show sufficient practical understanding of Breema's Principles and philosophy in the way they practice Breema, and in the way they speak and write about Breema.