

## Breema Session Report

*Sessions are to be done outside of Breema classes.  
This report is to be written as soon as possible after the session,  
then emailed, mailed, or faxed to Birthe Kaarsholm at the address below.*

Your Name: \_\_\_\_\_

Date of Breema session: \_\_\_\_\_ Location: \_\_\_\_\_

Your relationship to the recipient (e.g. relative, friend, co-worker, Breema student):

\_\_\_\_\_

Had the recipient received Breema previously? (if yes, please specify): \_\_\_\_\_

\_\_\_\_\_

1. Please tell us about your experience of doing this Breema session:

2. Do you have any questions that arose as a result of your experience?

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Birthe Kaarsholm, Practitioner Certificate Program Coordinator