

Breema Practitioner Certificate Program Requirements

To enroll in the Breema Practitioner Certificate Program, fill out and submit the application online (at breema.info/enroll). You can also download a form from the website to print, fill out, and submit in person or by mail. Application forms are also available from the Breema Center office.

165 class hours, as follows:

- **Up to a maximum of 100 class hours** in classes approved for Transfer Credit taught by any Certified Breema Instructor.
- **50 or more class hours at Breema Center Sponsored Intensives.**
- **15 hours of Anatomy and Physiology classes.** These can be completed through another school or program, or through a home-study course from the Breema Center.

Other requirements:

- **3 Touch Support Meetings with designated Instructors.** These will be scheduled by the Breema Center after enrollment in the Practitioner Certificate Program.
- **One or more Support Meetings with members of the Certification Committee** (for students completing Certificate requirements without attending classes at the Breema Center). This can be done via online video conferencing.
- **5 documented Breema Sessions.** These are to be done outside of Breema classes. Please contact the Center for more information about this requirement.

PLEASE NOTE THAT PRACTITIONER CERTIFICATION IS NOT GUARANTEED by completion of the hours requirements, and is awarded only after the Certification Committee is confident that a student is ready to safely and adequately practice and represent Breema. This means that the student must clearly show sufficient practical understanding of Breema's Principles and philosophy in the way they practice Breema, and in the way they speak and write about Breema.